

Lent 2024 :

Sunday Lunch in Lent takes a new form—soup and salad and an opportunity to get to know some of the people we worship alongside every week.

Lenten ‘Spiritual MOT’ - un contrôle technique spirituel pour Carême! A chance to talk to any one of a team of experienced male or female, lay and ordained companions here at St George’s about your prayer life—what goes on for you with God. Simply email your choice to make an appointment : Rev’d Sara: macvanesara@gmail.com ; Fr Grant: wenlockholmes@gmail.com; Fr Jeffrey: drjphjohn@gmail.com; Fr Mark : chaplain@stgeorgesparis.org ; Fr Nicolas: rev.n.razafindratsima@gmail.com ; Sonia Taylor: soniataylor146@gmail.com

Pick up a Lent leaflet to help you think through your Lent.

Recommended reading in Lent : My Sour-Sweet Days: George Herbert and the Journey of the Soul by Mark Oakley (ISBN 978-0-281-08032-8); **The Hour is Come: Passion in Real Time** by Andrew Nunn (ISBN-978-1-78622-396-8) ; **Life on the Edge** by Brother John of Taizé (ISBN-978-1-5326-1793-5).

Stations of the Cross on Zoom every Friday at **1900h**. The link for online Stations will come in our e:News.

The Lent Course in 2024 will be on the four Gospels and will take place by Zoom on four Tuesdays, February 20, 27, March 5th and 12th at 1900h. To receive the link for joining send an email to Fr Jeffrey at drjphjohn@gmail.com

A Lent Quiet Day on Making Sense of the Cross will be held at the Community of the Diaconesses de Reuilly (nr Versailles Chantiers RER station) from 1030h-1500h on Saturday 16th March. The day includes midday prayer with the community and lunch. Cost 25€. To register contact Fr Jeffrey on drjphjohn@gmail.com

With real sorrow we heard this week of the death of the Revd Canon Alyson Lamb, formerly chaplain of St Michael’s. It was a real privilege to work with her this summer in a large funeral here in Paris for which the family particularly asked for her to lead.

There will be a diocesan online Service of Prayer, Thanksgiving and Sending Out for Bishop David at 1800cet/1700gmt on Wednesday 28 February. The Zoom link is available by emailing office@stgeorgesparis.org

The Newsletter Editor (john_crothers@hotmail.com) would very much like to receive your articles for the next edition. Current deadline for contributions is 31st March.

In Your Prayers please remember those on our sick-list: HM The King, Robin Baker, Beryl Bateman, Eric Benson, Issy Brett, Jean-Paul Buffet, Angela Casone, Rev’d Jonathan Clarke, Anne Cozic, Jeanine & Caroline Cullinan, Deidre Dalton, Gregor Dallas, Chris Defrasne, Elizabeth Durand, Alan Fletcher, Francis Frois, Mimi de Bentzmann-Fouilland, Jeanette Georges, Anne Gould, Ophélie Gourbault, Rev’d Richard Hicks, Irene Hicks, Pam Ingram, John James, Karen, Prudence Kupka, Muriel Lamoureux, Stacey McAdams, Hans Mayer, Monique Moron, Kenneth Nyakana, Fr Carl Schaefer, Bishop Alan Smith, Bishop Timothy Dudley-Smith, Fr Alan Warren, Alan Watts, David Wetsel, Anitha Yannick, Lucas, Margo, Alex and Max, Sarah, Laurence, Marie-Thérèse, Susan, David, Paul, Saul, Val,

Those who have died: Alyson Lamb, priest, Tim Slater, Emma Guillou, Ramiro Tunin.

Common Worship: Services and Prayers for the Church of England,
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St George’s Paris

1st Sunday of Lent : 18th February 2024

A warm welcome to St George’s worship—online or in person. Everything you need for today’s service you’ll find in this pamphlet—**please note the seasonal changes**. Today the choir sings the **Missa in Dominicis Adventus et Quadragesimae** and the motet during Communion will be **Qui Sequitur** both by Orlando di Lasso (1532-1594).

		1st Sunday of Lent	
Sunday 18th	0830	Holy Communion (BCP)	Cel : JJ
	1030	Solemn Eucharist	Cel : MO Pr JJ
Monday 19th	Lenten Feria		
	1800	Evensong	
	1830	Eucharist	
Tuesday 20th	Lenten Feria		
	0915	Morning Prayer	
	1800/1830	Evensong & Eucharist	
Wednesday 21st	Ember Day		
	1200	Eucharist	
	1800/1815	Evensong & Exposition	
Thursday 22nd	Lenten Feria		
	0915	Morning Prayer	
	1800/1830	Evensong & Eucharist	
Friday 23rd	Polycarp, bishop & martyr; Ember Day		
	1900	Stations of the Cross by Zoom	
Saturday 24th	Ember Day		
	1200	Eucharist	
	1800	Eucharistie en français	Cel : MO
Sunday 25th	2nd Sunday of Lent		
	0830	Holy Communion (BCP)	Cel : MO
	1030	Solemn Eucharist	Cel : JJ
	1630	Messe Malgache	Cel : NR Pr : MO

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The Gathering

As the bell rings, we stand to sing the first hymn (NEH 67):

**Forty days and forty nights Thou wast fasting in the wild;
Forty days and forty nights Tempted, and yet undefiled.**

**Sunbeams scorching all the day; Chilly dew-drops nightly shed;
Prowling beasts about thy way; Stones Thy pillow; earth thy bed.**

**Let us thine endurance share, And awhile from joys abstain,
With thee watching unto prayer, Strong with thee to suffer pain.**

**And if Satan, vexing sore, Flesh or spirit should assail,
Thou, his vanquisher before, Grant we may not faint nor fail.**

**So shall we have peace divine; Holier gladness ours shall be;
Round us, too, shall angels shine, Such as ministered to Thee.**

**Keep, O keep us, Saviour dear, Ever constant by thy side;
That with thee we may appear At the eternal Eastertide.**

Greeting

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you
and also with you.

The celebration is introduced and we are invited to remember and confess our sins in preparation for our celebration together.

**Lord God, we have sinned against you; we have done evil in your sight.
We are sorry and repent. Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us and restore to us the joy of your salvation;
through Jesus Christ our Lord. Amen.**

Kyrie eleison. Christe eleison. Kyrie eleison.

Opening Prayer

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading: Genesis 9:8-17

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen

Blessing and Dismissal

The Lord be with you
And also with you.

May God the... **Amen.**

Go in the peace of Christ.
Thanks be to God.

Notices :

Welcome to the Eucharist today. We are delighted to meet visitors and newcomers after the service, when drinks will be served in the Parish Hall. Wine costs 2 euros and the coffee is free!

Bienvenue à Saint-Georges. Nous vous invitons à prendre un verre de vin (2 euros) ou une tasse de café (gratuit) après la messe dans la salle paroissiale, et si vous êtes de passage dans notre église nous serons heureux de faire votre connaissance.

Breaking the Bread

Every time we eat this bread and drink this cup
we proclaim the Lord's death until he comes.

As we prepare for Holy Communion the choir sings the **Agnus Dei**.

*O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.*

Invitation to Communion

Behold the Lamb of God, who takes away the sins of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and my soul shall be healed.**

All are welcome to receive Holy Communion if you do so in your own church. If you would prefer, please come forward and bow your head for a blessing. **Please do not intinct—it is forbidden by our bishops and dangerous for coeliacs.** Please follow the directions of the Sides-people. If you are watching online or don't want to receive Holy Communion, you may like to use the following prayer:

*My Jesus, I believe that you are present in the Blessed Sacrament,
I love you above all things and I desire you in my soul.
Since I cannot receive you now sacramentally, come at least spiritually into my soul.
As though you were already there I embrace you and unite myself wholly to you;
permit not that I should ever be separated from you. Amen.*

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

Please be seated for the notices after which we sing the final hymn (NEH 76).

**Take up thy cross, the Saviour said, If thou wouldst my disciple be;
Deny thyself, the world forsake, And humbly follow after me.**

**Take up thy cross, let not its weight Fill thy weak spirit with alarm;
His strength shall bear thy spirit up, And brace thy heart
and nerve thine arm.**

**Take up thy cross, nor heed the shame, Nor let thy foolish pride rebel;
Thy Lord for thee the Cross endured, To save thy soul from death and hell.**

**Take up thy cross then in his strength, And calmly every danger brave,
'Twill guide thee to a better home, And leads to victory o'er the grave.**

**Take up thy cross and follow Christ, Nor think til death to lay it down;
For only he who bear the cross May hope to wear the glorious crown.**

**To thee, great Lord, the One in Three, All praise forevermore ascend:
O grant us in our home to see The heavenly life that knows no end.**

After the Blessing and Dismissal the clergy and servers leave in the silence.

in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

Please remain seated for the choir to sing the psalm appointed for the day (Ps 25. 1-9)

*Unto thee, O Lord, will I lift up my soul; my God, I have put my trust in thee * O let me not be confounded, neither let mine enemies triumph over me. For all they that hope in thee shall not be ashamed * but such as transgress without a cause shall be put to confusion. Shew me thy ways, O Lord * and teach me thy paths. Lead me forth in thy truth, and learn me * for thou art the God of my salvation; in thee hath been my hope all the day long. Call to remembrance, O Lord, thy tender mercies * and thy loving-kindnesses, which have been ever of old. O remember not the sins and offences of my youth * but according to thy mercy think thou upon me, O Lord, for thy goodness. Gracious and righteous is the Lord * therefore will he teach sinners in the way. Them that are meek shall he guide in judgement * and such as are gentle, them shall he learn his way. All the paths of the Lord are mercy and truth * unto such as keep his covenant, and his testimonies.*

Second Reading: 1 Peter 3:18-22

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Please stand for the gradual hymn (NEH 62).

**Ah, holy Jesus, how hast thou offended,
that we to judge thee have in hate pretended?
By foes derided, by thine own rejected, O most afflicted!**

**Who was the guilty? Who brought this upon thee?
Alas, my treason, Jesus, hath undone thee!
'Twas I, Lord Jesus, I it was denied thee; I crucified thee.**

**Lo, the Good Shepherd for the sheep is offered;
the slave hath sinned, and the Son hath suffered.
For man's atonement, while he nothing heeded, God interceded.**

**For me, kind Jesus, was thy incarnation,
thy mortal sorrow, and thy life's oblation;
thy death of anguish and thy bitter passion, for my salvation.**

**Therefore, kind Jesus, since I cannot pay thee,
I do adore thee, and will ever pray thee,
think on thy pity and thy love unswerving, not my deserving.**

Holy Gospel: Mark 1:9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Creed

You will find the Creed (**de Angelis**) on the accompanying sheet.

Intercessions

In the power of the Spirit and in union with Christ, let us pray to the Father.

Almighty God, our heavenly Father, you promised through your Son Jesus Christ to hear us when we pray in faith. *Lord in your mercy, **hear our prayer.***

Strengthen Robert and David our bishops and all your Church in the service of Christ, that those who confess your name may be united in your truth, live together in your love, and reveal your glory in the world. *Lord in your mercy, **hear our prayer.***

Bless and guide King Charles III and the President of France; give wisdom to all in authority; and direct this and every nation in the ways of justice and of peace; that we may honour one another, and seek the common good.

*Lord in your mercy, **hear our prayer.***

Give grace to us, our families and friends, and to all our neighbours, that we may serve Christ in one another, and love as he loves us.

*Lord in your mercy, **hear our prayer.***

Comfort and heal all those who suffer in body, mind, or spirit ...; give them courage and hope in their troubles; and bring them the joy of your salvation.

*Lord in your mercy, **hear our prayer.***

Hear us as we remember those who have died in the faith of Christ ...; according to your promises, grant us with them a share in your eternal kingdom.

*Lord in your mercy, **hear our prayer.***

Rejoicing in the fellowship of Mary, the Virgin Mother of God, George the Martyr and all your saints, we commend ourselves and the whole of creation to your unfailing love. *Lord in your mercy, **hear our prayer.***

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Liturgy of the Sacrament

Peace

The peace of the Lord be with you
and also with you.

Please stand for the hymn at the Preparation of the Table (NEH 65) During this hymn a collection will be taken—you may like to use your debit card and give electronically?

**Christian, dost thou see them On the holy ground,
How the troops of Midian Prowl and prow! around?
Christian, up and smite them, Counting gain but loss:
Smite them by the merit Of the holy cross.**

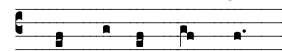
**Christian, dost thou feel them, How they work within,
Striving, tempting, luring, Goading into sin?
Christian, never tremble; Never be down-cast;
Smite them by the virtue Of the Lenten fast.**

**Christian, dost thou hear them, How they speak thee fair?
'Always fast and vigil? Always watch and prayer?'
Christian, answer boldly, 'While I breath, I pray:'
Peace shall follow battle, Night shall end in day.**

**'Well I know thy trouble, O my servant true;
Thou art very weary, I was weary too;
But that toil shall make thee Some day all mine own,
And the end of sorrow Shall be near my throne.'**

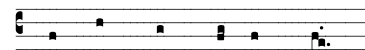
Eucharistic Prayer

The Lord be with you



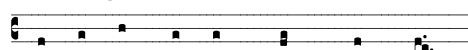
and al-so with you.

Lift up your hearts.



We lift them to the Lord.

Let us give thanks to the Lord our God.



It is right to give thanks and praise.

The celebrant praises God for his mighty acts in the Preface and the choirs sing the **Sanctus** and **Benedictus**.

Holy, holy, holy Lord God of hosts, heaven and earth are full of thy glory. Glory be to Thee, O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The prayer continues until the Proclamation of Faith

Jesus Christ is Lord:

**Lord, by your cross and resurrection you have set us free.
You are the Saviour of the world.**

At the end of the prayer we all respond **Amen**. We remain standing to pray together

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come;
thy will be done; on earth as it is in heaven. Give us this day our daily
bread. And forgive us our trespasses, as we forgive those who trespass
against us. And lead us not into temptation; but deliver us from evil. For
thine is the kingdom, the power and the glory, for ever and ever. Amen.**