

May God the... Amen.

Go in the peace of Christ.

Thanks be to God.

Notices :

Welcome to the Eucharist today. We are delighted to meet visitors and newcomers after the service, when drinks will be served in the Parish Hall. Wine costs 2 euros and the coffee is free!

Bienvenue à Saint-Georges. Nous vous invitons à prendre un verre de vin (2 euros) ou une tasse de café (gratuit) après la messe dans la salle paroissiale, et si vous êtes de passage dans notre église nous serons heureux de faire votre connaissance.

The Chaplaincy Council will meet on Monday 23rd in the Library at 1915h after the Eucharist.

Lent 2026

Now's the time to start thinking about your Lent—how are you going to practise the joy of Easter in your life? There's lots on offer online or in-person :

Ash Wednesday - 18th February 2026—is a day of fasting and abstinence. There will be a Eucharist at 1200h and a Solemn Eucharist at 1930h at which ashes will be imposed.

Lenten 'Spiritual MOT' - un contrôle technique spirituel pour Carême! Is a chance to talk to any one of a team of experienced male or female, lay and ordained accompaniers here at St George's about your prayer life—what goes on for you with God. Simply email your choice to make an appointment : you can contact the Rev'd Sara:

macvanesara@gmail.com ; Fr Grant: wenlockholmes@gmail.com; Fr Jeffrey:

drjphjohn@gmail.com; Fr Mark : chaplain@stgeorgesparis.org ; Fr Nicolas:

rev.n.razafindratsima@gmail.com ; Sonia Taylor: soniataylor146@gmail.com

Stations of the Cross by Zoom every Friday at 1900h for approximately 40 minutes.

Please email Fr Mark for a Zoom link on chaplain@stgeorgesparis.org

Lent Course : The Seven Deadly Sins Four sessions by Zoom on Tuesdays at 7.30 pm on Pride, Avarice and Envy, Lust and Gluttony and finally Anger and Sloth (Feb 24, March 3, March 10 and March 17). To take part please contact Fr Jeffrey by e mail at drjphjohn@gmail.com to receive a link to join before each session.

2026 Lent Book : All Christians are monks by Fr George Guiver CR (ISBN 978-1789593464) The book group will meet in person, in homes, over 5 weeks. To take part please contact Fr Mark by email at chaplain@stgeorgesparis.org to receive details of where the group is meeting. You can sign up over coffee to buy the book or go online using the ISBN code.

In Your Prayers please remember those on our sick-list: Beryl Bateman, Pamela Bruetsch, Jean-Paul Buffet, Ginette Barbé, Angela Casone, Tim Clarke, Anne Cozic, Jeanine & Caroline Cullinan, Huy Sun (Dara), Deidre Dalton, Gregor Dallas, Chris Defrasne, Anne Gould, Ophélie Gourbault, Karen Griggs, Vaughan Hart, Irene Hicks, Sally Hughes, Ernest Jeyam, Kalvinder, Karen, Prudence Kupka, Muriel Lamoureux, Hans Mayer, Jane Maurin, Monique Moron, Kenneth Nyakana, John & Yvonne Rogers, David Sweeney, Émile Vaillant, David Wetsel, Anitha Yannick, Lucas, Margo, Alex and Max, Sarah, Laurence, Marie-Thérèse, Susan, David, Paul, Saul. **Those who have died:** Valerie Pomel, Johary Rasaminmahazo, Francis Houdecek, Maria Barontoaldo-Furlan

Common Worship: Services and Prayers for the Church of England,
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St George's Paris

1st Sunday of Lent : 22nd February 2026

A warm welcome to St George's worship—online or in person. Everything you need for today's service you'll find in this pamphlet—**please note the seasonal changes**. Today the choir sings the **Missa Brevis** by Giovanni P. da Palestrina (1525-1603) and the motet during Communion will be **Nolo mortem peccatoris** by Thomas Morley (1557-1602).

	First Sunday of Lent	
0830	Holy Communion	
1030	Solemn Eucharist	
Monday 23rd	<i>Polycarp of Smyrna, bishop & martyr</i>	
1800/1830	Evensong & Eucharist	
Tuesday 24th	<i>Lenten Feria</i>	
0915	Morning Prayer	
1800/1830	Evensong & Eucharist	
Wednesday 25th	<i>Ember Day</i>	
1200	Eucharist with Ashing	
1800/1815	Evensong & Adoration	
Thursday 26th	<i>Lenten Feria</i>	
0915	Morning Prayer	
1800/1830	Evensong & Eucharist	
Friday 27th	<i>George Herbert, priest and poet; Ember Day</i>	
1800/1830	Evensong & Eucharist	
Saturday 28th	<i>Ember Day</i>	
1200	Eucharist	
1800	l'eucharistie en français	
Sunday 1st	Second Sunday of Lent	
0830	Holy Communion	Cel: MO
1030	Solemn Eucharist	Cel: JJ
1630	Messe Malgache	Cel: NR

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The Gathering

As the bell rings, we stand to sing the first hymn (REH 88):

**Forty days and forty nights Thou wast fasting in the wild;
Forty days and forty nights Tempted, and yet undefiled.**
**Sunbeams scorching all the day; Chilly dew-drops nightly shed;
Prowling beasts about thy way; Stones thy pillow; earth thy bed.**
**Let us thine endurance share, And awhile from joys abstain,
With thee watching unto prayer, Strong with thee to suffer pain.**
**And if Satan, vexing sore, Flesh or spirit should assail,
Thou, his vanquisher before, Grant we may not faint nor fail.**
**So shall we have peace divine; Holier gladness ours shall be;
Round us, too, shall angels shine, Such as ministered to thee.**
**Keep, O keep us, Saviour dear, Ever constant by thy side;
That with thee we may appear At the eternal Eastertide.**

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you
and also with you.

The celebration is introduced and we are invited to remember and confess our sins in preparation for our celebration together.

**Lord God, we have sinned against you; we have done evil in your sight.
We are sorry and repent. Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us and restore to us the joy of your salvation;
through Jesus Christ our Lord. Amen.**

Kyrie eleison. Christe eleison. Kyrie eleison.

Greeting

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Collect

The Liturgy of the Word

There is no Sunday School during the School holidays.

First Reading: Genesis 2:15-17, 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the

As we prepare for Holy Communion the choir sings the **Agnus Dei**.

**O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.**

Invitation to Communion

Behold the Lamb of God, who takes away the sins of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and my soul shall be healed.**

All are welcome to receive Holy Communion if you do so in your own church. If you would prefer, please come forward and bow your head for a blessing. **Please do not intinct—it is forbidden by our bishops and dangerous for coeliacs.** Please follow the directions of the Sides-people. If you are watching online or don't want to receive Holy Communion, you may like to use the following prayer:

*My Jesus, I believe that you are present in the Blessed Sacrament,
I love you above all things and I desire you in my soul.
Since I cannot receive you now sacramentally, come at least spiritually into my soul.
As though you were already there I embrace you and unite myself wholly to you;
permit not that I should ever be separated from you. Amen.*

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

Please be seated for the notices after which we sing the final hymn (REH 102).

**Take up thy cross, the Saviour said, If thou wouldest my disciple be;
Deny thyself, the world forsake, And humbly follow after me.**

**Take up thy cross, let not its weight Fill thy weak spirit with alarm;
His strength shall bear thy spirit up, And brace thy heart
and nerve thine arm.**

**Take up thy cross, nor heed the shame, Nor let thy foolish pride rebel;
Thy Lord for thee the Cross endured, To save thy soul from death and hell.**

**Take up thy cross then in his strength, And calmly every danger brave,
'Twill guide thee to a better home, And leads to victory o'er the grave.**

**Take up thy cross and follow Christ, Nor think til death to lay it down;
For only he who bear the cross May hope to wear the glorious crown.**

**To thee, great Lord, the One in Three, All praise forevermore ascend:
O grant us in our home to see The heavenly life that knows no end.**

After the Blessing and Dismissal the clergy and servers leave in the silence.

Blessing and Dismissal

The Lord be with you
And also with you.

**Christian, up and smite them, Counting gain but loss:
Smite them by the merit Of the Holy Cross.**

**Christian, dost thou feel them, How they work within,
Striving, tempting, luring, Goading into sin?
Christian, never tremble; Never be down-cast;
Smite them by the virtue Of the Lenten fast.**

**Christian, dost thou hear them, How they speak thee fair?
'Always fast and vigil? Always watch and prayer?'**
**Christian, answer boldly, 'While I breath, I pray:
Peace shall follow battle, Night shall end in day.**

**'Well I know thy trouble, O my servant true;
Thou art very weary, I was weary too;
But that toil shall make thee Some day all mine own,
And the end of sorrow Shall be near my throne.'**

The Lord be with you



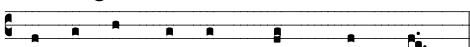
and al-so with you.

Lift up your hearts.



We lift them to the Lord.

Let us give thanks to the Lord our God.



It is right to give thanks and praise.

The celebrant praises God for his mighty acts in the Preface and the choirs sings the **Sanctus** and **Benedictus**.

Holy, holy, holy Lord God of hosts, heaven and earth are full of thy glory. Glory be to Thee, O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The prayer continues until the Proclamation of Faith

Jesus Christ is Lord:

Lord, by your cross and resurrection you have set us free.

You are the Saviour of the world.

At the end of the prayer we all respond **Amen**. We remain standing to pray together

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come;
thy will be done; on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil. For thine is the
kingdom, the power and the glory, for ever and ever. Amen.**

Every time we eat this bread and drink this cup
we proclaim the Lord's death until he comes.

Eucharistic Prayer

trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God,* knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

We remain seated as the choir sing the psalm appointed for the day (Ps 32)

Blessed is he whose unrighteousness is forgiven * and whose sin is covered. Blessed is the man unto whom the Lord imputeth no sin * and in whose spirit there is no guile. For while I held my tongue * my bones consumed away through my daily complaining. For thy hand is heavy upon me day and night * and my moisture is like the drought in summer. I will acknowledge my sin unto thee * and mine unrighteousness have I not hid. I said, I will confess my sins unto the Lord * and so thou forgavest the wickedness of my sin. For this shall every one that is godly make his prayer unto thee, in a time when thou mayest be found * but in the great water-floods they shall not come nigh him. Thou art a place to hide me in, thou shalt preserve me from trouble * thou shalt compass me about with songs of deliverance. I will inform thee, and teach thee in the way wherein thou shalt go * and I will guide thee with mine eye. Be ye not like to horse and mule, which have no understanding * whose mouths must be held with bit and bridle, lest they fall upon thee. Great plagues remain for the ungodly * but whoso putteth his trust in the Lord, mercy embraceth him on every side. Be glad, O ye righteous, and rejoice in the Lord * and be joyful, all ye that are true of heart.

Second Reading: Romans 5:12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Please stand for the gradual hymn (REH 82).

**Ah, holy Jesus, how hast thou offended,
That man to judge thee hath in hate pretended?
By foes derided, by thine own rejected, O most afflicted!**

Who was the guilty? Who brought this upon thee?

Alas, my treason, Jesu, hath undone thee!

'Twas I, Lord Jesus, I it was denied thee; I crucified thee.

Lo, the Good Shepherd for the sheep is offered;

The slave hath sinned, and the Son hath suffered.

For man's atonement, while he nothing heeded, God intercedeth.

For me, kind Jesu, was thy incarnation,

Thy mortal sorrow, and thy life's oblation;

Thy death of anguish and thy bitter passion, For my salvation.

Therefore, kind Jesus, since I cannot pay thee,

I do adore thee, and will ever pray thee,

Think on thy pity and thy love unswerving, Not my deserving.

Holy Gospel: Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God." ' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." ' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." ' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him." ' Then the devil left him, and suddenly angels came and waited on him.

Creed

We stand to sing the *Profession of Faith*.

**We believe in one God the Father almighty, maker of heaven and earth,
and of all things visible and invisible;**

And in one Lord Jesus Christ, the only begotten Son of God,

begotten of his Father before all worlds,

God of God, Light of Light, very God of very God,

begotten not made, being of one substance with the Father,

by whom all things were made,

who for us men and for our salvation came down from heaven,

and was incarnate by the Holy Ghost of the Virgin Mary,

and was made man.

and was crucified also for us under Pontius Pilate.

He suffered and was buried,

and the third day he rose again according to the Scriptures,

and ascended into heaven, and sitteth on the right hand of the Father.

**And he shall come again with glory to judge both the quick and the dead,
whose kingdom shall have no end.**

And I believe in the Holy Ghost, the Lord, the giver of life,

who proceedeth from the Father [and the Son],

who with the Father and the Son together is worshipped and glorified,

who spake by the prophets.

And I believe one holy catholic and apostolic Church.

I acknowledge one baptism for the remission of sins.

**And I look for the resurrection of the dead
and the life of the world to come. Amen.**

Intercessions

In the power of the Spirit and in union with Christ, let us pray to the Father.

Almighty God, our heavenly Father, you promised through your Son Jesus Christ to hear us when we pray in faith. *Lord in your mercy, hear our prayer.*

Strengthen Robert and Andrew our bishops and all your Church in the service of Christ, that those who confess your name may be united in your truth, live together in your love, and reveal your glory in the world. *Lord in your mercy, hear our prayer.*

Bless and guide King Charles III and the President of France; give wisdom to all in authority; and direct this and every nation in the ways of justice and of peace; that we may honour one another, and seek the common good.

Lord in your mercy, hear our prayer.

Give grace to us, our families and friends, and to all our neighbours, that we may serve Christ in one another, and love as he loves us.

Lord in your mercy, hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit ...; give them courage and hope in their troubles; and bring them the joy of your salvation.

Lord in your mercy, hear our prayer.

Hear us as we remember those who have died in the faith of Christ ...; according to your promises, grant us with them a share in your eternal kingdom.

Lord in your mercy, hear our prayer.

Rejoicing in the fellowship of Mary, the Virgin Mother of God, George the Martyr and all your saints, we commend ourselves and the whole of creation to your unfailing love. *Lord in your mercy, hear our prayer.*

**Merciful Father, accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

Peace

The peace of the Lord be with you
and also with you.

Please stand for the hymn at the Preparation of the Table (REH 85) During this hymn a collection will be taken—you may like to use your debit card and give electronically?

**Christian, dost thou see them On the holy ground,
How the troops of Midian Prowl and prowl around?**